MDVIP Wellness Program

- MDVIP Advanced Wellness Screening and Doctor Counseling that focus on important health and wellness areas including:
  1. Heart Health
  2. Diabetes
  3. Respiratory Health
  4. Bone Health
  5. Sleep
  6. Hearing & Vision
  7. Emotional Well Being
  8. Sexual Health
  9. Weight Management
  10. Comprehensive Risk Factor Analysis

- Physician Counseling and Personal Wellness Plan
- Comprehensive Annual Wellness Report
- Personal health record
- Members’ Own Personal Health Website

MDVIP Annual Wellness and Patient-Specific Lab Panels – Cleveland Heart Lab

The MDVIP Annual Wellness panels included in your MDVIP Wellness Program include several tests that assess cardiovascular risk, evidence of diabetes, thyroid disease, Vitamin D deficiency and general health. These panels incorporate a leading-edge diagnostic test (MPO/Myeloperoxidase) developed by the #1 heart institute in the country, Cleveland Clinic. The five Patient-Specific Wellness Panels provide a more comprehensive overview of members’ personal health by measuring inflammation levels and assessing risk for cardiovascular disease and diabetes. Additionally, these panels can directly focus on individual lifestyle issues as well as gender-specific, overall health concerns which can lead to serious chronic diseases. You might consider offering one of the AWP panels every other year and incorporating a patient-specific option in between as this provides enhanced value to your members. MDVIP has negotiated national pricing with Cleveland Heart Lab to provide the complete Wellness Program and Patient-Specific lab panels.

Cleveland Heart Lab is a national full service lab, so you can utilize its services for tests that are not included in the MDVIP Wellness Program. You can also use Cleveland Heart Lab to repeat tests that are initially included in the MDVIP Wellness Program if there is a subsequent diagnosis, and these additional tests may be covered by Medicare or commercial insurance.

Once your account is established with Cleveland Heart Lab, you will receive lab kits with UPS prepaid return labels. To schedule a pick-up, call 800-PICKUPS (800-742-5877) and refer to the tracking on your return label. To schedule a routine UPS pick-up, go to the home page of your MDVIP physician web portal and from the Wellness tab, click on Schedule UPS.
Comprehensive Wellness Program Elements

The list below identifies elements of the MDVIP Wellness Program services that are not covered by Medicare. A suggested workflow is to complete the patient’s covered annual physical exam services and then complete the MDVIP Wellness Program elements in order to avoid multiple appointments for the patient. For your patients that have commercial insurance, you are encouraged to verify coverage prior to rendering service to understand which elements are covered.

MDVIP Wellness Program Elements

- Ongoing Wellness Coaching
- EKG (covered during IPPE Only)
- Hearing Screening
- Visual Screening
- Sexual Function Screening (Male or Female) – Included in Health Assessment
- Epworth Sleep Index – Included in Health Assessment
- Beck Anxiety Index – Included in Health Assessment
- Ankle-Brachial Index
- Spirometry
- MDVIP Annual Wellness Panel or Patient-Specific Panel